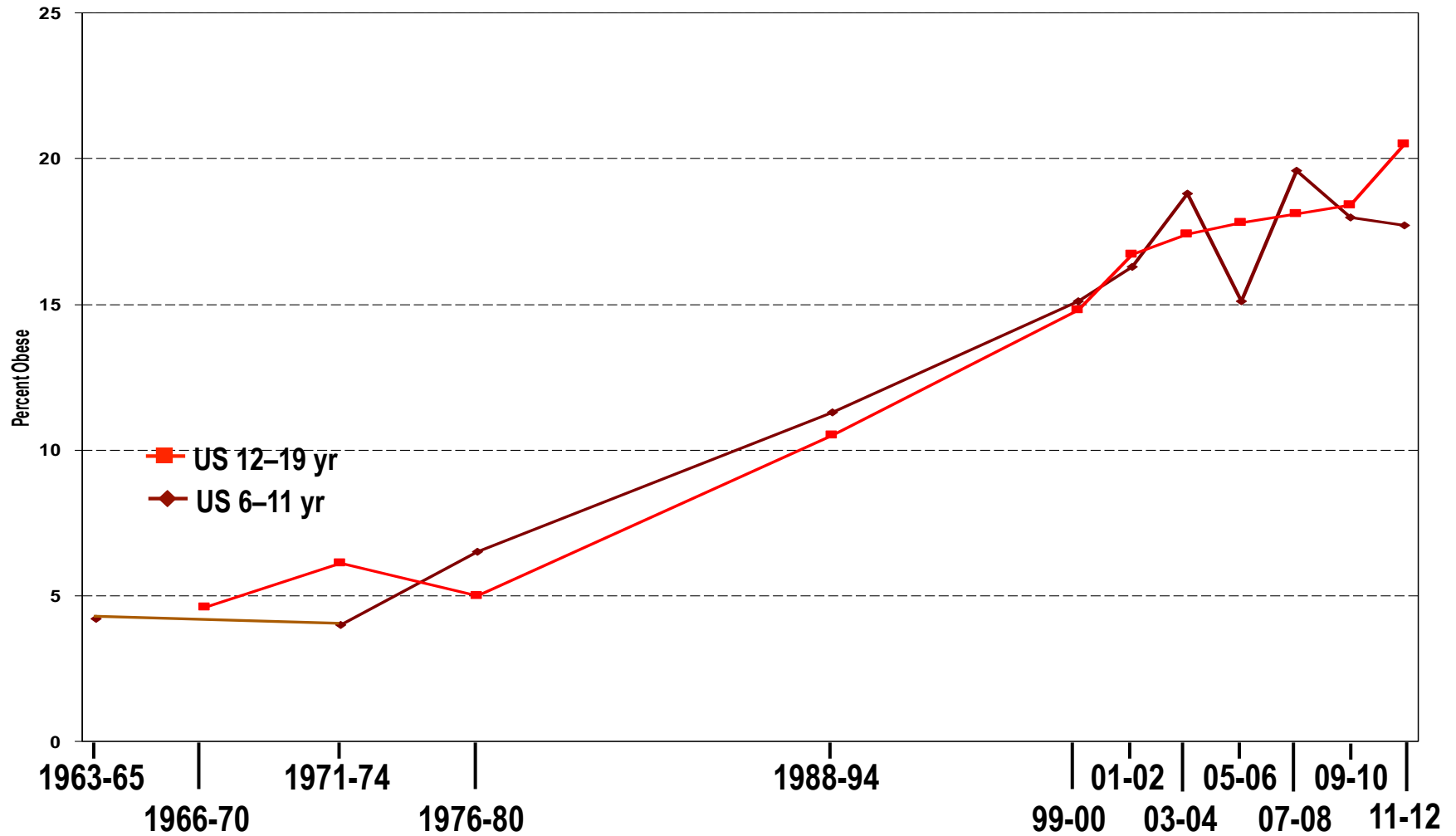


2015-2016 Supplemental Compliance Form Questions 5-7



Health Strategy

National Childhood Obesity Trend



NHANES data sources: Ogden et al. Prevalence of Obesity in the United States 2011-2012. *JAMA*. 2014; 311(8):806-814.

Obesity in Arkansas

The top four states with the highest rates of obesity also had the highest reported percentage of inactivity among adults.

STATES WITH THE HIGHEST PHYSICAL INACTIVITY RATES, 2012

Rank	State	Percentage of Adult Physical Inactivity	Obesity Ranking
1	Arkansas	31.50%	3
2	West Virginia	31.00%	4
3	Mississippi	30.80%	2
4	Louisiana	29.90%	1

Source: Trust for America's Health, *F as in Fat: How Obesity Threatens America's Future*, 2013,

Health and Wellness

The purpose of the Health and Wellness Priority is to improve the health and academic performance of students. Wellness activities will address nutrition, education, and physical fitness activities for the development of lifelong habits and promotion of healthy lifestyles for the following groups: students, school staff, and parent and community networks. School health and wellness activities will create a safe and healthy school environment that supports learning.

5. How is the school addressing the Wellness requirements as mandated by Act 1220 of 2003? You MUST reference the required wellness strategies of Act 1220 in the Docs and Links tab. [Wellness Strategies](#)

6. Please scan and upload the results of the School Health Index into the health services file under Document Upload.

7. If your school operates a School-based Health Center or offers School-based Mental Health Programs/Services, you MUST answer the following question: How is the school integrating the school-based center services or mental health services in a way that those services are directly correlated to improving student achievement levels?

Save

Save and Preview

Close

5. How is the school addressing the wellness requirements as mandated by Act 1220 of 2003? **You MUST reference the required Wellness Strategies of Act 1220 in the Docs and Links Tab as reference in bullets A-I.**

BUILDING LEVEL REQUIREMENTS

- A. How is the school utilizing the School Health Index Assessment and the Student Body Mass Index Data to contribute to improving student health and achievement?
 - A. Provide the 2014-2015 BMI rate for the school (individual school BMI data can be found at <http://www.achi.net/Pages/SchoolPersonnel/BMIReports.aspx>)*
 - B. The school should provide a statement of barriers to student health and achievement based on these required data sources.*
- B. How is the school comparing the physical education and health education assessment from the School Health Index assessment to the standards defined by the Arkansas Department of Education Physical Education and Health Curriculum Framework?
- C. How is the school assisting with the implementation of the nutrition and physical activity standards developed by the school nutrition and physical advisory committee (District Wellness Committee) with the approval of the Arkansas Department of Education and State Board of Health?
- D. How is the school integrating nutrition and physical activity into the overall curriculum?

5. How is the school addressing the wellness requirements as mandated by Act 1220 of 2003? **You MUST reference the required Wellness Strategies of Act 1220 in the Docs and Links Tab as reference in bullets A-I.**

BUILDING LEVEL REQUIREMENTS

- E. How is the school ensuring that professional development for staff includes nutrition and physical activity issues?
- F. How is the school ensuring that students receive grade appropriate nutrition education and engage in healthy levels of vigorous physical activity?
- G. How is the school enforcing existing physical education requirements?
- H. How does the district ensure pursued contracts both encourage healthful eating by students and reduce school dependence on profits from the sale of foods of minimal nutritional value?
- I. What are the school's goals and objectives (AMOs) for nutrition and physical activity to improve the health and academic performance of students? *(Each goal must include the school's current reported obesity rate and must be measurable.)*

DISTRICT LEVEL REQUIREMENTS

- J. Provide a comparison of the annual completed School Health Index assessment results and the physical activity standards (DISTRICT- This information is posted as J. at the school level in question #5.)

6. Please scan and upload the results of the School Health Index (SHI) Assessment into the health services file under document upload.

To access the SHI Assessment go to www.cdc.gov/healthyschools/shi/index/htm

Schools should either:

- 1. Complete the assessment in “paper form” by accessing the PDF version the assessment on the CDC website or**
- 2. Complete the assessment online by creating an online ID via the CDC website.**
 - Schools are encouraged to complete the online version of the SHI assessment via the CDC website, as this will allow the district to generate several helpful documents displaying results for the school to use.
 - Schools are encouraged to upload the following assessment documents:
 - The 5 Component specific SHI Scorecards (Generated from SHI Assessment website)
 - The 5 required components to be assessed using the School Health Index:
 - School Health Policies and Environment
 - Health Education
 - Physical Education and other Physical Activity Programs
 - Nutrition Services
 - Family and Community Involvement
 - The Overall SHI Scorecard (Generated from SHI Assessment website)
 - The Action Plan for Improvement Document (Generated from SHI Assessment website)

RECOMMENDED / NOT REQUIRED

7. If your school operates a School-based Health Center or offers School-based Mental Health Programs/Services, please include how the schools is integrating the schools-based health center services or mental health services in a way that those services are directly correlated to improvement student achievement levels.

For questions concerning the Wellness Priority or Act 1220 Requirements,
please contact:

ADE School Health Services Office
501-683-3604

School Health School Improvement Strategy Act 1220 of 2003

Data Sources: Body Mass Index (www.achi.org)
 School Health Index (www.cdc.gov/healthyschools)

Completing the School Health Index

Create a New SHI

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Team Information: [Edit](#)







Team Name: Clark Elementary School

E-mail Addresses: audra.walters@arkans
jerri.clark@arkansas.c

SHI Name: 15-16 Clark (Limit 15 characters)

School Level: ☒ Elementary School
☐ Middle and High School

Health Topics: * At least one health topic is required.

- ☒ Nutrition 
- ☒ Physical Activity 
- ☐ Safety 
- ☐ Asthma 
- ☐ Tobacco Use 
- ☐ Sexual Health 

[Cross-cutting questions](#) are also included in some SHI Modules.

Cancel

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 [Print page](#)

Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health



Search for Public Schools

CCD Common Core of Data

School Directory Information (2013-2014 school year) [Search Results](#) [Modify Search](#) [Data Notes/Grant IDs](#) [Help](#)

School Name: Clarksville High School	NCES School ID: 050438000166	State School ID: 3601005
District Name: Clarksville School District district information	NCES District ID: 0504380	State District ID: 3601000
Mailing Address: 1703 Clark Rd Clarksville, AR 72830-3915	Physical Address: 1703 Clark Rd Clarksville, AR 72830-3915	Phone: (479) 705-3212
Type: Regular school	Status: Currently operational	Charter: No

School Details (2012-2013 school year)

County: Johnson County schools in county	Total Students: 499
Grade Span: (grades 10 - 12) 10 11 12	Classroom Teachers (FTE): 33.98
Locale: Town: Remote (33)	Student/Teacher Ratio: 14.69
Magnet: No	Title I School: Yes
	Title I School-Wide Program: Yes

Enrollment Characteristics (2012-2013 school year)

Enrollment by Grade:
10 11 12
Students 196 146 157
Enrollment by Race/Ethnicity:
Amer Ind/ Asian/ Pacific Black Hispanic White Two or More

Modules/Questions

Select a Module and begin answering the Discussion Questions.

Module 1 : School Health and Safety Policies and Environment



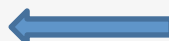
[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)



Module 2 : Health Education



[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)



Module 3 : Physical Education and Other Physical Activity Programs



[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)



Module 4 : Nutrition Services



[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)



Module 5 : Health Services



[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)

Module 6 : Counseling, Psychological, and Social Services

[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)

Module 7 : Health Promotion for Staff

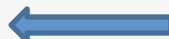


[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)

Module 8 : Family and Community Involvement



[Discussion Questions](#) | [Scorecard and Planning Questions](#) | [Summary](#) | [Resources](#)



SHI Health Topics:

- Nutrition
- Physical Activity
- Safety
- Asthma
- Tobacco Use
- Sexual Health
- Module Complete

Your School's SHI: 15-16 Clark

SHI Edition: SHI 2014 (6th Edition) Created: 09/22/2015 Last Activity: 09/22/2015

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Modules/Questions Overall Scorecard Plan for Improvement

Module 1: School Health and Safety Policies and Environment

Question: 1 of 27

Discussion Questions

Representative school health committee or team (CC.1)

[View Related Resources](#)

1. Does your school have a [representative](#) committee or team that meets at least four times a year and oversees school health and safety [policies](#) and programs?

- ☒ Yes.
- ☐ There is a committee or team that does this, **but** it could be more representative.
- ☐ There is a committee or team, but it is **not** representative, **or** it meets less often than four times a year.
- ☐ No.
- ☐ Does not apply

Continue »

[Print page](#)

Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health

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Centers for Disease Control and Prevention 1600 Clifton Rd. Atlanta, GA 30333, USA
800-CDC-INFO (800-232-4636) TTY: (888) 232-6348, 24 Hours/Every Day - [Contact CDC-INFO](#)



School Health Index (SHI)

Welcome **Clark Elementary School**

[My SHI Options](#) | [Log out](#)

[School Health Index \(SHI\)](#)

[Your School's SHI Home](#)

[Print page](#)

Your School's SHI: 15-16 Clark

[Contact Us](#)

SHI Edition: SHI 2014 (6th Edition) Created: 09/22/2015 Last Activity: 09/22/2015

[Help](#) | [Glossary](#)

[Modules/Questions](#) [Overall Scorecard](#) [Plan for Improvement](#)

[Export Overall Scorecard](#)

Overall Scorecard

For each module, a "✓" appears where the module score falls. Use these scores to create a Plan for Improvement.

Modules	Low		Medium		High
	0-20%	21-40%	41-60%	61-80%	81-100%
Module 1 - School Health and Safety Policies and Environment				✓	
Module 2 - Health Education					
Module 3 - Physical Education and Other Physical Activity Programs					
Module 4 - Nutrition Services					
Module 5 - Health Services					
Module 6 - Counseling, Psychological, and Social Services					
Module 7 - Health Promotion for Staff					
Module 8 - Family and Community Involvement					

[« Previous](#) [Continue »](#)

Your work will be saved automatically when you continue.

Local School Health Resources

HHI Contact List

Community Health Nurse Specialists				
	Name	Email	Address	Contact Numbers
NE & NW CHNS Supervisor	Marilyn Cone	Marilyn.cone@arkansas.gov	White Co. Health Dept.-Searcy 112 Brantly Rd. Searcy, AR 72143	O: 501-268-6102 Fax: 501-268-4445 Cell: 501-253-7298
SE, SW & Central CHNS Supervisor	Kimberly Hooks	Kimberly.hooks@arkansas.gov	Cleveland Co. Health Unit P O Box 446 409 East Magnolia St. Rison, AR 71665	O: 870-325-6311 Fax: 870-325-6159 Cell: 870-370-3518
Northeast	Cindy Schaefering	Cynthia.schaefering@arkansas.gov	Northcentral Ed Service Ctr 1015 Haley Street P O Box 827 Melbourne, AR 72556	O: 870-368-7955 Fax: 870-368-4920 Cell: 501-837-8627
	Laura Cook	Laura.cook2@arkansas.gov	Crowley's Ridge Ed. Coop 1606 Pine Grove Lane Harrisburg, AR 72432	O: 870-578-5426 Fax: 870-578-5896 Cell: 870-219-4978
	Karen Davis	Karen.davis@arkansas.gov	Northeast AR Ed Coop 1050 West Free Street Walnut Ridge, AR 72476	O: 870-886-7717 Fax: 870-886-7719 Cell: 501-454-2871
	Becky Lamb	Becky.lamb@arkansas.gov	Wilbur D. Mills Ed Ser Coop P O Box 850 Beebe, AR 72012	O: 501-882-5467 Fax: 501-882-2155 Cell: 501-454-2869
Northwest	Miranda Curbow	Miranda.curbow@arkansas.gov	Western AR Educ Serv Coop 3010 East Hwy 22, Suite A Branch, AR 72928	O: 479-965-2191 Fax: 479-965-2723 Cell: 479-438-0724
	Cindy Jones	Cindy.jones@arkansas.gov	Arch Ford Ed Service Coop 101 Bulldog Drive Plumerville, AR 72730	O: 501-354-4652 Fax: 501-354-0167 Cell: 501-337-3827
	Nancy Marsh	Nancy.marsh@arkansas.gov	NW Ark Ed Service Coop #4 Double Springs Rd Farmington, AR 72730	O: 479-267-7450 Fax: 479-267-7456 Cell: 479-422-1518

HHI Contact List

	Diana Cheria Lindsey	Diana.lindsey@arkansas.gov	OUR Education Coop 5823 Resource Drive P O Box 610 Valley Springs, AR 72652	O: 870-429-9120 Fax: 870-743-6003 Cell: 870-688-9077
Central	Cynthia Wilborn	Cynthia.wilborn@arkansas.gov	Central Region - ADH 5800 West 10 th St. Suite 907 Little Rock, AR 72204	O: 501-280-4997 Fax: 501-280-4999 Cell: 501-240-0243
Southwest	Tommie Rogers	Tommie.rogers@arkansas.gov	Dawson Ed Service Coop 711 Clinton Street, Suite 101 Arkadelphia, AR 71923	O: 870-246-3077 Fax: 870-246-9619 Cell: 501-412-6726
	Cheryl Byrd	Cheryl.byrd@arkansas.gov	DeQueen Mena Educ. Coop 305 S. Hornburg Ave. Gillham, AR 71841	O: 870-386-2251 Fax: 870-386-7721 Cell: 870-584-6011
	Rhonda McDonald	Rhonda.mcdonald@arkansas.gov	South Central Service Coop 2235 California Ave. SW Camden, AR 71701	O: 870-836-2213 Fax: 870-836-1631 Cell: 870-866-0713
	Edith Greenwood	Edith.greenwood@arkansas.gov	SW AR Ed Service Coop 2502 South Main Street Hope, AR 71801	O: 870-777-3076, ext. 135 Fax: 870-777-5793 Cell: 870-403-1416
Southeast	Cassie Lewis	Cassie.lewis@arkansas.gov	Great Rivers Ed Service Coop SER Office – Forrest City 1501 Dawson Road Forrest City, AR 72235	O: 870-633-6812 Fax: 870-633-0158 Cell: 870-630-7172
	Liz Mercer	elizabeth.mercer@arkansas.gov	AR River Education Ser. Coop 912 W. 6 th Street Pine Bluff, AR 71601	O: 870-730-2966 Fax: 870-534-7162 Cell: 870-730-8440
	Lisa England	Lisa.england@arkansas.gov	Southeast AR Ed Ser. Coop SER Office - Monticello 447 West Gaines Monticello, AR 71655	O: 870-367-6202 Fax: 870-367-3013 Cell: 870-723-9278

HHI Contact List

Community Health Promotion Specialists				
	Name	Email	Address	Contact Numbers
Northeast	Regina Alexander	regina.alexander@arkansas.gov	Northeast AR Ed Coop 211 E. Hickory Walnut Ridge, AR 72476	O: 870-886-7717 ext. 1561 Fax: 870-886-7719 Cell: 870-271-9557
Northwest	Sarah Brisco	Sarah.brisco@arkansas.gov	Ozark Unlimited Resource Coop 525 Old Bellefonte Road Harrison, AR 72601	O: 870-743-9100 Cell: 870-926-6954
	Ashley LeFevre	Ashley.lefevre@arkansas.gov	NW Ark. Educ. Coop #4 Double Springs Rd. Farmington, AR 72730	O: 479-267-7450 Fax: 479-267-7456 Cell: 479-518-1240
Central	Anna Haver	Anna.haver@arkansas.gov	Central Region – ADH 2800 Willow Street North Little Rock, AR 72114	O: 501-791-8551 Fax: 501-791-8615 Cell: 501-772-9366
Southwest	Melissa Ann Kuhn	Melissa.kuhn@arkansas.gov	2235 California SW Camden, AR 71701	O: 870-836-2213 Fax: 870-836-1631 Cell: 870-807-2706
Southeast	Rosemary Withers	Rosemary.withers@arkansas.gov	Arkansas River Ed Coop 912 W. Sixth Ave Pine Bluff, AR 71601	O: 870-730-2967 Fax: 870-534-7162 Cell: 870-590-2689

HHI Branch & HHI Regional Managers				
	Name	Email	Address	Contact Numbers
Branch Chief	Andi Ridgway	Andrea.ridgway@arkansas.gov	Center for Local Public Health 4815 W. Markham, Slot 21 Little Rock, AR 72205-1437	O: 501-280-4561 Fax: 501-661-2545 Cell: 501-425-3376
Section Chief	Sherry Johnson	Sherry.johnson@arkansas.gov	Center for Local Public Health 4815 W. Markham, Slot 21 Little Rock, AR 72205-1437	O: 501-661-2585 Fax: 501-661-2545 Cell: 501-218-5763

State School Health Resources

Jerri Clark, School Health Services Director

Jerri.clark@Arkansas.gov

Audra Walters, Coordinated School Health Director

Audra.walters@Arkansas.gov

CDC Website www.cdc.gov/healthyschools (select Tools and Training)

Arkansas Department of Education

Four Capitol Mall, Mail Slot #14

Little Rock, AR 72201

501-683-3604